

Biographical Sketch

Tammy Burlis, PT, DPT, MHS, CCS
Assistant Professor
Program in Physical Therapy
Washington University School of Medicine
4444 Forest Park Blvd., Campus Box 8502
St. Louis, MO 63108

Tamara L. Burlis, PT, DPT, CCS, is an assistant professor at the Program in Physical Therapy at Washington University School of Medicine. Dr. Burlis' clinical career in physical therapy began in 1988 after graduation from Washington University's Program in Physical Therapy. Dr. Burlis received her Master's in Health Science degree in 1993 and a post-professional Doctor of Physical Therapy degree in 2003 from Washington University School of Medicine. She was board certified as a Cardiovascular and Pulmonary Specialist by the American Board of Physical Therapy Specialties in 1994 and re-certified in 2004. Dr. Burlis has pursued clinical practice and administrative roles in the acute care, cardiopulmonary and vascular divisions of Barnes-Jewish Hospital. Currently, she is the Associate Director of Clinical Education at Washington University, maintains a clinical practice in the area of obesity, specifically gastric bypass surgery and exercise and fitness for the patient who is obese. Dr. Burlis has been involved in numerous leadership positions with the Missouri Physical Therapy Association, the most recent being Chief Delegate and Vice President. On a national level she is currently the secretary of the Cardiovascular and Pulmonary section, a reviewer for the accreditation of residency and fellowship programs and has served on the American Board of Physical Therapy Specialties Cardiovascular and Pulmonary Specialty Council. Her current research activities focus on functional and exercise therapy for the patient whom is obese and measurement of vital signs by physical therapists.