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Susan received her bachelor's degree in physical therapy at the University of Maryland, her master's degree from the University of Phoenix and a PhD in Health and Behavioral Science from the University of Colorado, Denver. Susan has taught physical therapy for 17 years, first at the University of Colorado Health Sciences Center and for the last 6 years at Regis University. Her teaching expertise is in management of cardiac and pulmonary patients, patients with other medical conditions such as diabetes, pharmacology and health/wellness promotion. She practiced physical therapy at National Jewish Hospital in Denver, and started the physical therapy lung transplant program at University of Colorado Hospital. She currently is the Features editor for the Cardiopulmonary Physical Therapy Journal. While at Regis, she obtained grant funding from the LiveWell Foundation sponsored by Kaiser Permanente as a community partner to promote physical activity and healthy eating in the NW Denver neighborhood. She currently is active in the Heart Disease and Stroke Prevention Initiative within the Colorado Department of Public Health and Environment.